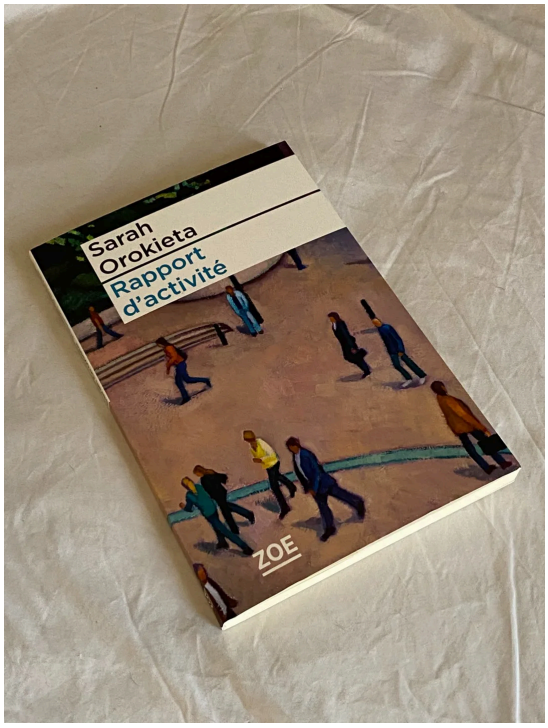
REVIEW

# *Rapport d'activité*, by Sarah Orokieta

*by Estelle Normand*

November 16, 2026 · On *Rapport d'activité (Éditions Zoé)*

*For Christmas, Loïc, a thirty-one-year-old computer engineer, is given a diary: a funny first novel, light only in appearance, about the absurdity and violence of our hyper-connected society.*




*Rapport d'activité* (Activity Report)
*Sarah Orokieta's first novel (2026)*
*Éditions Zoé*
*155 pages*

"Saturday 27.05.
Rereading myself, I would begin like this: 31 years old. Not married. At least I'm not divorced. Joke. Computer engineer. Competent. I play sports. Ping-pong, to be precise. Masturbation strictly for hygiene and in the shower. I have a practical mind."

For Christmas, Loïc is given a diary. What would he have to write about, a computer engineer in his thirties, a virgin, still living with his mum and dad? His sister confirms it: diaries are for losers. But Loïc is curious (in every sense of the word) and decides to try the experiment for a year, turning the reader into a voyeur. His particular interests, from history to current events by way of cinema, the offbeat tone of his observations, and his routine, regular as clockwork, intrigue and amuse.

Little by little, Loïc opens up to new practices, which he records in his diary. Downloading a dating app, going out with girls, applying for a new job, moving out. His mapped-out life finally takes unexpected turns, while over the pages the trivial collides with dramas both private and collective.

"Father covered in bandages. Unconscious. 4,725 characters tonight."

"After the news: documentary on the famous Spanish flu that raged from 1918 to 1921. An H1N1. Between twenty and a hundred million dead. Nothing new. Instructive, however."

A book I enjoyed for its humour and its lightness, only apparent, for it says a great deal about the absurdity and violence of our society, in which hyper-connection disconnects us from our own humanity.

*— Estelle Normand*

HOW TO CITE THIS ARTICLE (MLA)

Normand, Estelle. "Rapport d'activité, by Sarah Orokieta." French Press, November 16, 2026, https://frenchpress.media/publications/rapport-d-activite-sarah-orokieta.